

ACTIVITIES DIRECTOR, ONE-YEAR TECHNICAL CERTIFICATE

Curriculum Code #3009

Effective May 2026

Division of Health and Wellness Sciences (<http://catalog.lorainccc.edu/academic-programs/allied-health-nursing-health-physical-education-recreation/>)

The Activities Director curriculum is designed to prepare the student for the National Certification Council for Activity Professionals (NCCAP) exam. Lorain County Community College has articulation agreements with colleges and universities including programs offered by LCCC's University Partnership.

First Year		
Fall Semester		Hours
HLED 162	MODULAR EDUCATION PROGRAM FOR ACTIVITY PROFESSIONALS (MEPAP) I	8
HPED 152	APPLICATION OF ACTIVITIES ACROSS A LIFESPAN ¹	3
PSYH 151	INTRODUCTION TO PSYCHOLOGY	3
SDEV 101	INTRODUCTION TO THE LCCC COMMUNITY ¹	1
Hours		15
Spring Semester		
HLED 125	INTRODUCTION TO HEALTH AND WELLNESS COACHING	1
HLED 154	CARDIO-PULMONARY RESUSCITATION CPR	1
HLED 163	MODULAR EDUCATION PROGRAM FOR ACTIVITY PROFESSIONALS (MEPAP) II	8
HPED 172	EXERCISE MANAGEMENT FOR SPECIAL POPULATIONS	2
HPED 173 or HPED 166	BIOMECHANICS OF RESISTANCE TRAINING or GROUP EXERCISE INSTRUCTOR PREP	3
Hours		15
Summer Semester		
ENGL 161	COLLEGE COMPOSITION I	3
SOCY 151G	INTRODUCTION TO SOCIOLOGY	3
Hours		6
Total Hours		36

¹ A student must register for the orientation course when enrolling for more than six credit hours per semester or any course that would result in an accumulation of 12 or more credit hours.

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For information about admissions, enrollment, transfer, graduation and other general questions, please contact your Advising and Counseling Team (<https://www.lorainccc.edu/admissions-and-enrollment/advising-and-counseling/>). (<https://www.lorainccc.edu/admissions-and-enrollment/advising-and-counseling/>)

Credit for Prior Learning (PLA) options may be available for your program. For more information, please visit our website: www.lorainccc.edu/PLA (<http://www.lorainccc.edu/PLA>)

Program Learning Outcomes

Upon completion of the Activities Director program, the graduate will be able to:

1. Create a person centered activity program that aligns with the professional standards of practice for diverse populations for older adults within various care settings.
2. Exhibit principles of management such as planning, organizing, staffing, and directing within various care settings.
3. Demonstrate professional standards of conduct for the activities director as defined by NAAP, National Association of Activity Professionals.

Program Contact(s):

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