

# ADDICTION STUDIES (ADST)

## ADST 151, FOUNDATIONS OF ADDICTION STUDIES 3 (3)

This course is an overview of the biological, psychological, social and spiritual dimensions of addictions and addictive behavior, exploring the effects of addiction on health, families, and communities. Factors leading to regular and problematic use are explored. An overview of the pharmacological effects of drugs within major drug categories, theories of addiction, interventions, treatment methods and prevention are examined. Students will learn about the history of the prevention discipline, the theories and research based approaches that guide the effective implementation of programs and strategies. Course Provides 40 hours of Chemical dependency specific educational content required for application for CDCA—Preliminary Credential with the Ohio Chemical Dependency Professionals Board. Student needs to apply for this credential with the OCDPB.

**General Education:** GE01, GE02, GE04, GE06

**Typically Offered:** Fall and Spring Semesters

## ADST 152, FUNDAMENTALS IN ADDICTION COUNSELING 3 (3)

This course builds on Foundations of Addiction Studies. This course is designed to provide students with knowledge of how to identify and assess individuals with addictions. Goals, principals, and methods of effective treatment will be examined as well as the process of recovery and problems that can arise during recovery. Neurological, physiological, psychological, and cultural basis of addictions across the lifespan will be examined along with assessment/screening tools, motivational interviewing, and ethical issues.

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: A "C" or higher in ADST 151

**Typically Offered:** Fall and Spring Semesters

## ADST 211, FAMILY DYNAMICS AND ADDICTIONS 3 (3)

The student will learn characteristics, cultural factors, support issues, confidentiality issues, and facilitation of discussions concerning family involvement in addiction counseling. Impact of substance use disorders on individual family members and overall family functioning. Focuses on the nature of addiction as a disease, its progression, symptoms and treatments. The nature of codependency is discussed. Insight is gained by the students regarding their biases about the disease of addiction. A focus of this course will be on prevention programs across the lifespan.

**General Education:** GE01, GE02, GE04, GE05, GE06

**Course Entry Requirement(s):** Prerequisite: ADST 152 and HMSR 213 with a "C" or higher

**Typically Offered:** Fall Semester

## ADST 212, ETHICS IN ADDICTION COUNSELING & PREVENTION 3 (3)

This course examines ethical codes and responsibilities in the addiction and prevention field. Federal confidentiality regulations, scope of practice, and expectations of funding bodies will be explored. This course will focus on the principles of professional behavior with clients and self-awareness of their personal boundary and value concerns. The discussion of ethics in prevention with youth will be covered. The importance of self care and addressing clinician's well-being is emphasized. Threaded throughout the course will be the importance of cultural diversity.

**General Education:** GE01, GE02, GE04, GE05, GE06

**Course Entry Requirement(s):** Prerequisite: ADST 152 with a "C" or higher

**Typically Offered:** Fall Semester

## ADST 251, ASSESSMENT AND TREATMENT IN ADDICTION COUNSELING 3 (3)

This course builds on the Foundations and Methods Courses in Substance Abuse Counseling by having students apply their knowledge in Assessment and Treatment. Experiential learning will be a major component in this course with an emphasis on holistic assessment and diagnosis of substance use disorders, and contemporary holistic treatment methods, including motivational interviewing and Dialectical Behavior Therapy (DBT). This course will also explore using counseling strategies in multicultural situations. It will allow the student to have an understanding of client differences: cultural, ethnic, racial, gender, sexual orientation, disability, socioeconomic, and individual. A focus will be on interventions and case management. Role plays will be used to practice assessment and treatment planning.

**General Education:** GE01, GE02, GE04, GE05, GE06

**Course Entry Requirement(s):** Prerequisite: ADST 152 and HMSR 213 with a "C" or higher

**Typically Offered:** Fall and Spring Semesters

## ADST 252, PRACTICUM IN ADDICTION STUDIES & PREVENTION 4 (4)

Students are required to complete 300 clock hours of onsite fieldwork experience in an approved addiction treatment facility or an agency that provides addiction/or prevention services. This on-the-job placement will involve learning agency policies and procedures, observing agency personnel in the provision of client services, and applying addiction counseling skills and/or prevention knowledge/skills. Supervision will be provided by licensed agency personnel and by the course instructor who visits the site and maintains ongoing contact with the staff supervisor. Students will participate in a seminar where the focus will be on experiences encountered in the Addiction Counseling Practicum. Application of professional skills and knowledge of ethical behavior in addictions counseling will be emphasized. Student must successfully complete the interview and application process and criminal background check if required by the agency and all prerequisites with a C or higher. Student must have Human Services Coordinator's signature before registering for this course.

**General Education:** GE01, GE02, GE04, GE05, GE06

**Course Entry Requirement(s):** Prerequisite: ADST 211, ADST 251, HMSR 212 and HMSR 213 with a "C" or higher

**Typically Offered:** Spring Semester